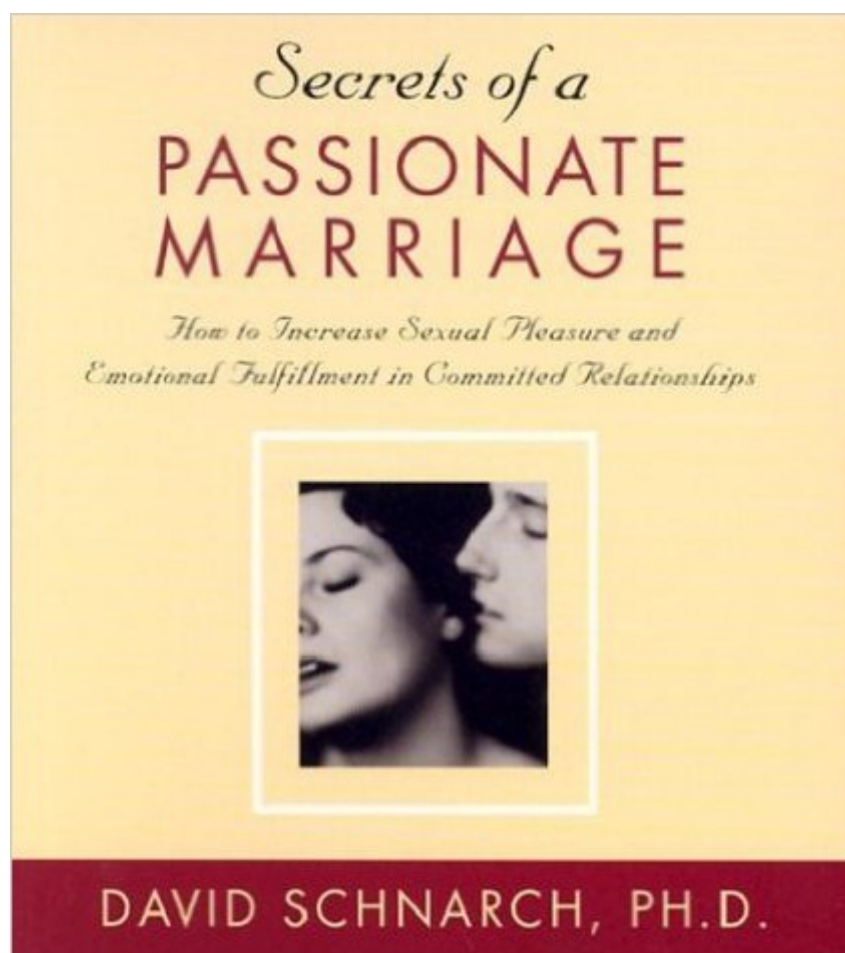


The book was found

# Secrets Of A Passionate Marriage



## Synopsis

If you think you need to change your marriage, think again. It may well be that your marriage is trying to change you. In *Secrets of a Passionate Marriage*, Dr. David Schnarch shares a revolutionary approach thousands have used to take their relationships to new and lasting heights of sexual ecstasy and intimacy. Emotionally committed relationships, he teaches, are people-growing machines, and sexual difficulty and other challenges are actually signs of a healthy, maturing relationship. Moving beyond traditional therapies that work a little bit, Dr. Schnarch brings straight talk and humor to his three decades of expertise and offers insights into:

**Course objectives:**

- Describe the process of differentiation in intimate relationships
- Discuss why emotional gridlock is a critical and necessary phase for a healthy relationship
- Recommend steps to achieving more passionate sex and a more intimate relationship
- Explain how to "self-soothe" your anxieties and open to the full range of human eroticism
- Interpret the psychology of sex
- Emotional gridlock â " why this critical phase is necessary for the healthy evolution of all relationships
- How to "self-soothe" your anxieties and open to the full range of human eroticism
- The psychology of sex â " how to make an ally out of what you're really thinking during sex, and much more

With many proven exercises to "electrify" your sex life, heighten passion, and renew commitment, *Secrets of a Passionate Marriage* is sure to help your relationship reach its full potential, both in and out of bed.

## Book Information

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## Customer Reviews

As a graduate student in psychology this was required reading for one of my classes. This book is nothing short of exquisite. Schnarch writes from a very authentic 'been there' place which draws the

reader in like magnet. Lots of very good case studies which beautifully integrate the theoretical material. Schnarch's lense is a new and refreshing integration of couples & sex therapy (who ever thought of separating the two anyway??). It focuses on differentiation rather than fusion. This is a page-turner that organically induces self-reflection inspired by the very authenticity of it's author. A fascinating piece of literature.

I was looking for a miracle and I found it, although it may not be able to save my marriage that is no fault of the book. This book taught me so much about ME that even though my husband is still having difficulty "differentiating". I am much happier than I have ever been in a relationship! Get one for yourself and one for your significant other!

This tape is great! I'm remarried and want to get it right this time. Dr. Schnarch offers a different approach. I bought his book, but wanted to get an overview in his own words. I have recommended it to several friends and a support group for Vietnam Vet's significant others.

The information that Dr. Schnarch has provided in this work is extremely helpful in understanding the dynamics involved in having a much more passionate relationship. It was recommended to me off of a dating website by an e-mail friend. I can never thank him enough!

I am currently obtaining my Master's in Marriage and Family Therapy. There was an excerpt from the book *Passionate Marriage* that was part of the required reading. I fell in love! The CD is narrated by David Schnarch. He is insightful and intriguing. I recommend this to anyone who does counseling or plans on going into it!

If you want to leave the traditional marriage solution thoughts for a real answer, this is the book.

I bought the book on CD, because I'm a slow reader. You don't have to be married to appreciate the wisdom that flows from this book. I am definitely the high desire partner, I don't feel crazy now. Thank you Dr. Schnarch!

I really like the premise that David Schnarch begins with when he states he cannot fix a couples marriage, because there is nothing wrong with it. Seeing marriage as an incredible people forming agreement. This was shipped very quickly and arrived in perfect shape, thanks!!

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